



ACN 2023 Abstract Research Tracks

Below you can find an overview of the research tracks that will be used to structure the program of ACN 2023.

- 1. Nutrition & Sustainable Development:** research on sustainable food systems; health and nutrition in the global environment; food insecurity and food safety; and technology and the future of nutrition.
- 2. Public Health Nutrition:** research on nutrition policies, regulations and standards; nutritional epidemiology; community nutrition; and nutrition and health management.
- 3. Basic Nutrition Research:** research on the function and metabolism of macronutrients and micronutrients; dietary reference intakes (DRIs); nutrition and immunology; nutrition and the microbiome; nutritional assessment and technology; nutrients and sensory analysis.
- 4. Food & Nutrition:** research on food composition and analysis; healthy diet patterns; phytochemicals; food cultures and behavior; and food and nutrition big data.
- 5. Nutrition Across the Lifespan:** research on nutrient requirements during pregnancy and lactation; nutrition for infants, toddlers, children, and adolescents; nutrition and healthy aging; sports nutrition; and vegan and vegetarian nutrition.
- 6. Nutrition Education:** research on the transfer of nutrition information; factors that affect dietary behaviors; effects of nutrition knowledge on behavior change; behavioral interventions to improve health; the development and testing of effective and efficient nutrition education materials; nutrition counseling; nutrition and dietetics education; and professional development for nutrition professionals.
- 7. Clinical Nutrition:** research on nutrition and diabetes, obesity, oncology, and other chronic diseases; medical nutrition therapy; nutrition assessment, diagnosis, and treatment; and enteral and parenteral nutrition.
- 8. Precision Nutrition:** research on nutrient-gene interactions; nutrition and metabolomics; nutrigenomic; nutrition and translational medicine; etc.
- 9. Other Directions & Topics.**