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## Welcome Message from Congress President 大会主席欢迎辞

## Dear Colleagues and Friends: 尊敬的各位专家、同仁和朋友们:

Warmly welcome to join us at The 5th Belt & Road Initiative Global Health International Congress & 2024 University Alliance of the Silk Road Global Health Forum in this delightful early summer season! Today, in Xi'an, the ever-vibrant starting point of the ancient Silk Road, we are thrilled to host this gathering of minds to explore the advancements and challenges in global health and enjoy this academic feast!

欢迎您参加"第五届"一带一路"全球健康国际研讨会暨 2024 年丝绸之路大学联盟全球健康论坛"! 在这美好的初夏时节,我们齐聚在古丝绸之路的起点——西安,共同探索全球健康的进展与挑战,共享学术盛宴!

This three-day conference is themed "Innovation - Cooperation - Sharing - Global Health", with 21 specialized forums, covering multiple key and current topics on global health. We are honored to host more than 150 respected experts and leaders from various fields around the world, including those from the World Health Organization (WHO), the National Health Commission of China (NHCC), the World Obesity Federation (WOF), the International Diabetes Federation (IDF), the Chinese Center for Disease Control and Prevention (CCDC), the Chinese Preventive Medicine Association (CPMA), and the Chinese Nutrition Society (CNS). On behalf of the organizing committee, I extend a warm welcome and express our deepest gratitude to all participants for your contributions to advancing global health initiatives.

本届大会以"创新-合作-共享-全球健康"为主题,为期三天,设有21个专题论坛,涵盖全球健康领域的多个关键和热点话题。大会邀请到来自全球不同领域的150余位知名专家和领导者参与,包括来自世界卫生组织(WHO)、中国国家卫生健康委员会(NHCC)、国际肥胖联盟(WOF)、国际糖尿病联盟(IDF)、中国疾病预防控制中心(CCDC)、中华预防医学会(CPMA)和中国营养学会(CNS)的领导和代表。我谨代表组织委员会对大家表示热烈的欢迎和感谢,感谢大家共同推动全球健康事业的发展。

The Chinese President Xi Jinping delivered an important speech at the Global Health Summit, calling on us to work together, and jointly promote the construction of a human health community and protect the bright future of human health. This vision is perfectly in sync with the mission of the 5th Belt and Road Initiative Global Health International Congress. Our congress is dedicated to reinforcing international health cooperation and, through a global collaborative network, developing a more inclusive and efficient global health system, contributing to "Healthy China" development and constructing a community with a shared future for humanity.

在全球健康峰会上,习近平总书记发表的重要讲话,号召我们携手并肩"共同推动构建人类卫生健康共同体,共同守护人类健康美好未来!"这一愿景与第五届"一带一路"全球健康国际大会的使命完美契合。 大会致力于加强国际健康合作,并通过全球合作网络,发展一个更包容、更高效的全球健康系统,贡献建设"健康中国"和构建人类命运共同体。

As we are facing numerous challenges, including rapid advancements in science and technology, public health crises like the rising non-communicable chronic disease (NCD) burden, and shifts in economic and political relations between nations, there is a pressing need to establish a cross-cultural, multidisciplinary, and transregional platform for global cooperation that fosters the sharing of knowledge and resources for mutual benefit. Celebrating the eleventh anniversary of the "Belt and Road Initiative" in 2024, our congress serves as a crucial meeting point to address global health issues, promote interdisciplinary international cooperation, tackle human challenges collectively, and enhance global health. This is not merely an academic exchange; it is a broad international collaboration, and demonstrates our collective commitment to improving global health and underscores the critical role of international cooperation in addressing current and future health challenges!

面对科技迅猛发展、慢性病疾病负担持续增长等公共卫生危机,以及国家间经济和政治关系的变化等多重挑战,迫切需要建立一个跨文化、跨学科、跨地区的全球合作平台,以促进知识与资源的共享和互利。 2024 年是"一带一路"倡议提出的十一周年,在这个重要的历史时刻,本次大会成为解决全球健康问题、促进跨学科国际合作、集体应对人类挑战、提升全球健康的关键聚合点。这不仅是一次学术交流,更是一次多方的国际合作,展示了我们共同致力于改善全球健康的承诺!

The 19 forums of this Congress cover numerous key issues and hot topics in the current health sector, including but not limited to Obesity and NCD Prevention and Control, Healthy China Initiative - Eliminating Health Inequalities, Global Health, Immunotherapy, Environmental Health, Smart Healthcare - Integration of Medical Treatment and Prevention, and Dialogues with Top International Journal Editors. These carefully designed forums aim to meet the needs of attendees from diverse backgrounds, facilitating the exchange of research and experiences in their respective fields.

本届大会的 19 个专题论坛涵盖了当前健康领域的诸多重点议题和热点问题,包括但不限于肥胖和慢性病防控、健康中国行动——消除健康差异、全球健康、免疫治疗、环境健康、数字健康——医防融合、青年论坛、对话顶级期刊杂志主编等。这些精心设计的论坛是为满足不同背景参会者的需求。与会者将交流各自领域的研究和经验,以帮助解决国内外健康领域面临的众多健康挑战,同时也把握新的合作机会。

Since the establishment of the Global Health Institute of Xi'an Jiaotong University in 2016, with the strong support of various sectors of society, we have successfully hosted the 1st, 2nd, 3rd and 4th Belt & Road Initiative Global Health International Congress. This congress is co-hosted by Xi'an Jiaotong University Health Science Center,



Global Health Institute, School of Public Health; the Obesity Prevention and Control Branch of the Chinese Nutrition Society; and the Health Sub-Alliance of the University Alliance of the Silk Road.

自 2016 年西安交通大学全球健康研究院成立以来,在社会各界的大力支持下,已成功举办了四届全球健康国际研讨会。本届大会由西安交通大学医学部、全球健康研究院、公共卫生学院、中国营养学会肥胖防控分会、丝绸之路大学联盟健康子联盟主办。

The congress also received the participation and strong support of many relevant institutions of Xi'an Jiaotong University, the World Obesity Federation (WOF), the International Diabetes Federation (IDF), the Chinese Center for Disease Control and Prevention (CCDC), Chinese Preventive Medicine Association (CPMA) and China Nutrition Society (CNS), etc. We sincerely thank our domestic and international partners for their collaboration!

大会得到了西安交大多个相关机构、国际肥胖联盟(WOF)、国际糖尿病联盟(IDF)、中国疾病预防控制中心(CCDC)、中华预防医学会(CPMA)和中国营养学会(CNS)等机构的参与和大力支持,衷心感谢我们的国内外合作伙伴!

This congress will continue to leverage the international conference platform to facilitate cooperation and exchanges among universities and various sectors both domestically and internationally; strengthen the training of a new generation of researchers, health professionals, and policymakers with an international perspective and advanced concepts; share China's experiences and insights, support the construction of "Healthy China" and "Building A Community with A Shared Future for Humanity". We extend our deepest gratitude to all participants who contribute to the enrichment of this Congress. Your engagement and contributions drive the success of this significant event.

本届大会将继续发挥国际会议的平台作用,促进国内外高校及社会各界的合作交流;加强培养具有国际 视野和先进理念的新一代研究人员、卫生人才和决策者;分享中国经验和智慧;助力"健康中国"建设和"构建人类命运共同体"。我们对所有参与者表示深深的感谢!您的参与和贡献是这一重要活动成功的推动力。

Please enjoy the congress, engage with your peers, and help us disseminate the knowledge and outcomes from this gathering. Together, let's advance global health and collectively safeguard human health! May you have a wonderful time at the conference, making new friends and collaborators!

请享受这次大会,与同行交流,并帮助我们传播这次集会的知识和成果,共同推动全球健康事业的发展, 共同守护人类健康!祝您开启美好的大会时光,结识更多的朋友与合作者!